

Food in the hand luggage on the plane

You can carry the food both in the hand and checked-in luggage. Remember that the products should be in unbroken commercially branded packaging. Some of the airlines may refuse the carriage of the fresh products, not lasting a long time, especially on a long-haul flight. When you bring food on board, you should remember about the customs regulations of the destination country.

Outside the European Union

If you are travelling to the country outside the European Union, usually you are not allowed to bring fresh products. Meat, dairy products, fruit, vegetables also cannot be brought to EU country if you are travelling from a country outside the European Union.

- bringing food is usually not prohibited by the airlines
- if you wish to bring food, check the law before you travel. Check the regulations of the destination and transit countries, some of them, like the USA or Australia, prohibit bringing fresh food on their territory.
- when you travel to an EU country you cannot bring milk, meat or animal products from a country outside the EU
- food taken onboard must be packed in the commercially branded packaging with the expiry date on it
- the majority of airlines doesn't allow the passenger to carry products not lasting a long time

Remember!

Taking liquids in the hand luggage is restricted by the safety regulations. Liquids must be carried in the 100ml containers, you're limited to 1 litre of liquid containers.

The list above is for information purposes only and it contains the information about carrying the products within the European Union.

Type of product	hand luggage	check-in luggage
Home-made cakes	YES	YES
Candies, biscuits, chocolate bars, crisps	YES	YES
Infant food required for the travel time	YES*	YES
Sausages, ham, canned meat	YES	YES

Type of product	hand luggage	check-in luggage
Stock cube	YES	YES
Honey	YES**	YES
Fruit, vegetables, fresh herbs	YES	YES
Products in cans or jars: including soups, sauces, jellies, spices, honey, chocolate	YES**	YES
Liquid oriental spices	YES**	YES
Powdered sauces, soups, jellies	YES	YES
Parmesan type hard cheese	YES	YES
Preserves in jars (including jams and compote)	YES**	YES
Dried mushroom jars	YES	YES
Solid food e.g. sandwiches, biscuits, cheese, cereal bars, nuts	YES	YES

* Infant food juice, water, milk – can be taken in the hand luggage and its quantity is not restricted by law. However, you should reported them to separate safety control.

** Liquid carriage is possible in the containers up to 100ml.

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